

Domestic Violence Resources in the Halifax Regional Municipality

Please note that there may be additional supports available to you and your family that are not captured here.

If you are in immediate danger, call 911.

For help in finding supports near you, contact Nova Scotia 211 (<https://ns.211.ca/>).

This service is available 24 hours a day, seven days a week.

Call or text 211 (or 711 for Bell Relay Service) / Toll-free: 1-855-466-4994

If you need help or information about domestic abuse, you can also call the province-wide, 24-hour, toll-free number at 1-855-225-0220.

Help for Those Experiencing Domestic Violence

Alice House: (902) 466-8459

Second-stage housing and counselling for women.

www.alicehouse.ca

Erin Abbott – Alice House Domestic Violence Court Support Services Coordinator

Office: (902) 466-8459

Cell: (902) 717-8184 (call or text)

Email: dvcourtsupport@alicehouse.ca

Bryony House: (902) 423-7183

Emergency services and shelter for women escaping intimate partner abuse

24-hour crisis line: (902) 422-7650 www.bryonyhouse.ca/



Are you in crisis?

Contact us with the link below this post.



Or contact our Distress Line 902.422.7650.

Shelter Main Number 902.423.7183.

Text Us a Message at 902.422.7650.

Email Us a Message staff@bryonyhouse.ca

<http://www.bryonyhouse.ca/crisis-contact/>

Victim Services, Halifax Regional Police: (902) 490-5300

The Halifax Regional Police Domestic Violence Case Coordinator works with designated high-risk files through Halifax Regional Police. They support the victim by navigating resources, providing emotional support, police case information and crisis intervention.

Tara Borden – HRP DV Case Coordinator – (902) 490-5300 or bordent@halifax.ca

Halifax Regional Police Non-Emergency Line: (902) 490-5020

Halifax Regional Police: (902) 490-5300

The role of the Domestic Violence Offender Navigator is to provide services and support to the accused in high-risk domestic violence cases, as well as files at risk of being designated high-risk.

Jillian Gibson - Domestic Violence Offender Navigator – (902) 490-5300

Victim Services, Nova Scotia RCMP: (902) 377-0155

Victim Services, Nova Scotia Department of Justice: (902) 424-3307

https://novascotia.ca/just/victim_Services/

Supports for Those at Risk of Using Violence

Elizabeth Fry Society for Mainland Nova Scotia: (902) 454-5041 <https://efrymns.ca/>

Services for women involved with the criminal justice system, or at risk of becoming involved.

Sarah Tremblay – Domestic Violence Court Case Worker – (902) 454-5041 Ext. 7 or dvcourt@efrymns.ca

New Start Counselling: (902) 423-4675 www.newstartcounselling.ca/

Therapeutic counselling for people of all genders who have been affected by domestic violence. Therapeutic counselling for men who have been sexually abused.

Peoples' Counselling Clinic: (902) 832-1593 <http://thepeoplescounsellingclinic.ca/>

Counselling and case management services for marginalized people and victims and perpetrators of sexual and intimate partner violence; offering online and telephone therapy, specifically for domestic and sexual violence. Clinic Manager – James Dubé - jamesowendube0411@gmail.com

Mental Health Supports

Mental Health Mobile Crisis Team – available 24/7

902-429-8167 or 1-888-429-8167 (Toll Free)

The Mental Health Mobile Crisis Team (MHMCT) provides crisis support for children, youth and adults experiencing a mental health crisis. Service offers telephone crisis support 24 hrs a day 7 days a week anywhere in Nova Scotia and a Mobile Response from 1 pm to 1 am to most communities in Halifax Regional Municipality.

Canadian Mental Health Association (CMHA) – Nova Scotia

Toll free 1-877-466-6606 <https://novascotia.cmha.ca/>

CMHA NS continues to provide non-clinical mental health psycho-social support throughout COVID-19. They are committed to keeping communities and clients safe and their services are supportive and welcoming.

Healthy Minds Patient Navigator – (902) 404-3504 www.healthyminds.ca/

The Healthy Minds Cooperative is available Monday to Friday, 9 am to 5 pm, by phone and email

Kids Help Phone – available 24/7

1-800-668-6868 (toll-free) or text CONNECT to 686868 <https://kidshelpphone.ca/>

Culturally Relevant Services

Association of Black Social Workers (ABSW): (902) 407-8809 or toll-free 1-855-732-1253

Counselling, support, and awareness groups for victims of domestic violence, with an Africentric lens.

Tracey Dorrington-Skinner – ABSW Victims Support Navigator - 1-855-732-1253

Email: Nsabswcovid19@gmail.com

Immigrant Services Association of NS (ISANS): (902) 423-3607 www.isans.ca/

Mi'kmaw Native Friendship Centre: (902) 420-1576

Denise John – MNFC Victims Support Navigator – (902) 420-1576 ext 256

denise@mymnfc.com

Mi'kmaw Legal Support Network (MLSN): (902) 468-0381 or 1-877-379-2042

Nicki Farquhar – MLSN Victims Support Worker (HRM) - (902) 430-9229 or nfarquhar@mlsn.ca

Nova Scotia Brotherhood Initiative: (902) 434-0824 www.nshealth.ca/nsbi

Free program for Black men to access health care in the community to improve overall health and wellbeing

Wellness Navigator – Mario Rolle (902) 266-7739 (call or text) mario.rolle@nshealth.ca /

nsbrotherhood@nshealth.ca

To Report Suspected Child Abuse or Neglect

Child Protection – Nova Scotia Department of Community Services –

www.novascotia.ca/coms/departement/contact/ChildWelfareServices.html

If you suspect that a child is being abused or neglected or are a witness to child abuse, you must contact the child welfare agency in the area where the child lives.

To reach a child protection worker:

Between 8:30 a.m. and 4:30 p.m. on weekdays: call 1-833-424-5800 if you believe a child is in immediate danger of abuse

Between 4:30 p.m. and 8:30 a.m. on weekdays, weekends and holidays: call 1-866-922-2434 if you believe a child is in immediate danger of abuse

Additional Resources

Family Resource Centres

Family Resource Centres (FRCs) provide community-based programs and services that support the healthy development and well-being of children, youth, and families.

Bayers Westwood Family Resource Centre	(902) 454-9444
Chebucto Family Centre	(902) 479-3031
Dartmouth Family Centre	(902) 464-8234
East Preston Daycare Family Health Resource Centre	(902) 462-7266
Eastern Shore Family Resource Association	(902) 827-1461
Fairview Family Resource Parent n' Tot	(902) 443-9569
Memory Lane Family Place	(902) 864-6363
Mi'kmaq Family Centre	(902) 422-7850
Mulgrave Park Caring and Learning Centre	(902) 453-5089
Musquodoboit Valley Family Resource Centre	(902) 384-2794
North End Parent Resource Centre	(902) 492-0133
Parents and Children Together (PACT)	(902) 434-8952

Youth Project: (902) 429-5429 <https://youthproject.ns.ca/>

Services for LGBTQ+ youth 25 & under